

• The **W&S 10k** and the **Chick-fil-A 5k** start together at **9am** on Central Parkway with John Barrett, CEO of **Western & Southern**, Ken Anderson, former **Bengals** quarterback, Bob Herzog, **Local 12** news anchor, Jeff Berding, Co-CEO of FC Cincinnati, Emcee Extraordinaire Mike Brown, and other special Cincinnati notables.

• The **ProAmpac Kids' Fun Run** starts at **8:30am** onCentral Parkway with ProAmpac CEO Chad Murdock. Don't miss the joy!

• The **5k and 10k split at the Vine Street and Central Parkway**. 10k runners will make a left on Vine Street, and the 5k runners will continue on Central Parkway. **Journey Advisory Group** will have signs, volunteers, and coning.

• Look for the **Secret** pace-per-mile flags behind the starting line to indicate where to line up. There are no race corrals to encourage families and friends to run/walk together, but we do ask that walkers and strollers line up in the back.

• Each mile will be marked along the course with large feather banners sponsored by **CTI**, Chick-fil-A, and the **Barrett Cancer Center**. Look for **700WLW** and **KISS 107.1** along the course.

• Stay hydrated on your run with **Alpine Valley Water** at the **ProLink** water stop.

• Be sure to follow **separate finish line chutes** for W&S 10k and Chick-fil-A 5k. Perfect that finish line pose so **Cincinnati.com** can capture the moment for online viewing.

• Celebrate your finish at the post-race **Pella Party** on the field atTQL Stadium. There will be bottles of Alpine Valley Water, **Hoist**, **PopCorners**, bananas from **Wealth Planning Corp**, and **more**.

• Your great run supports many local charities – **Ken Anderson** Alliance, Barrett Cancer Center, Alzheimer's Association, Keep Going 25, Girls on the Run, Big Brothers Big Sisters, YoungLife, FC Cincinnati Foundation, and more.

• You must have your race bib visible on the **front** of your shirt for medical information, timing, and security. Your results will be on **thanksgivingdayrace.com**.

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