Final Instructions

Thank you for registering for the 2026 Western & Southern 10K, TDR 5K, or ProAmpac Kids Fun Run on Thursday, November 26!

The countdown to race day is on! We're excited to celebrate Thanksgiving morning with you. Before you head to the start line, check out everything you need to know for a smooth and fun race day!

The Countdown to Race Day is On!

05 days : 17 hours : 54 minutes : 56 seconds

Race Day Schedule

Thursday, November 26 at TQL Stadium

8:30 am	9:00 am	9:15 am
ProAmpac Kids Fun Run	Western & Southern 10K	TDR 5K

Packet Pick Up Sponsored By Fleet Feet

First Financial Club inside TQL Stadium

Tuesday, November 24 | 10:00 am – 6:30 pm

Wednesday, November 25 | 10:00 am – 6:30 pm

Your race day starts with your bib! We encourage all participants to pick up their bib before race day at the Fleet Feet Packet Pickup and Expo to make Thanksgiving as stress-free as possible. Stop by to pick up your race bib and official Thanksgiving Day Race gloves for you and your crew. While you're there, explore the Expo, enter for a chance to win some great prizes, and get a jump on your holiday shopping!

Bibs will be distributed by bib number. Please have your bib number and the bib numbers for everyone you're picking up for before approaching packet pickup volunteers. Use the button below to find bib numbers.

Friendly reminder, if you or anyone in your group has yet to sign the wavier, this MUST be done prior to race morning. Bibs may not be released and / or you may be prevented from participating in the race if the waiver has not been completed.

Search Bib Number Assignments

More Packet Pick Up Information:

If you registered after Monday, November 23:

- Your packet and bib will be in a separate line. Please look for the appropriate sign at packet pick up.

Don't forget:

- Your race bib includes a tear-off for an exclusive Fleet Feet discount, available only at the Fleet Feet Expo during packet pickup. Be sure to take advantage of this special offer while you're there!
- Don't forget to fill out the emergency contact information on the back of your bib before the race.

Picking up for a ProAmpac Kids Fun Run Participant?

- ProAmpac Kids Fun Run bibs and shirts will be located at a separate table from the 5K/10K. Please look for the appropriate signage at packet pickup. No bib number is needed for the Kids Fun Run, just first and last name.
- Please be sure to fill out the information on the back of your child's bib. This will help security and event staff reunite you with your child if they are unable to find you at the end of the race.

Picking up for someone else?

- You can pick up for multiple people as long as you have their bib number or confirmation number.

Pre-Ordered Merch?

- Shirts and hats will be at a separate table from bibs. Don't forget to pick up your order! We will not ship items that are not picked up.
- Merch will also be available for pickup on race day morning from 7:00 am – 12:00 pm at the Carl and Martha Lindner Plaza, located at the top of TQL Stadium's grand staircase.

Give Your Feet a Little Extra Love with Pain Free Feet!

Heather Muhlhauser, owner of Pain Free Feet, will be offering free foot assessments at packet pickup!

Stop by the Pain Free Feet booth for a quick assessment and simple, personalized insights that will help you understand the relationship between your feet and the rest of the body.

Heather works with athletes to support injury recovery and prevention. If you are struggling with foot pain or another injury, stop by and say hello. You will learn small shifts to help support your feet and the whole body before race day.

NEW THIS YEAR!

- We've partnered with Streetside Brewery to introduce the first-ever Thanksgiving Day Race beer, Oh The Humanity, a Hoppy American Wheat brewed with Citra and CG Cascade hops! Participants aged 21 and older will find a tear-off tag on their race bib that can be redeemed for one complimentary TDR beer post-race at the Carl and Martha Lindner Plaza, located at the top of TQL Stadium's grand staircase. Beer redemption is available while supplies last.
- Save yourself an extra step on race day! Present your valid ID at packet pickup to receive your age-verification wristband, making it easy to redeem your beer after crossing the finish line.

Parking for Pre-Race Pick-Up:

- For Tuesday and Wednesday's Pre-Race Packet Pick-Up only, parking is free in the Discount Tire East Garage, located at 1507 Central Pkwy, just steps away from the First Financial Club.

Get Directions

Race Day Packet Pick Up

Can't make it to pre-race packet pickup?

You can pick up your packet on Thanksgiving morning before the races begin.

Thursday, November 26 | 7:00 am – 8:30 am

Carl and Martha Lindner Plaza of TQL Stadium

Located at the top of the Grand Staircase, just steps from the start line. If picking up your race bib on race day, please allow plenty of extra time, as lines can become extremely long.

Get Directions

Bibs will be distributed by bib number. Please have your bib number and the bib numbers for everyone you're picking up for before approaching packet pickup volunteers. Use the button below to find bib numbers.

Search Bib Number Assignments

Special Instructions for Race Day Morning

Registered after 6:30 pm on Wednesday, November 25?

- Your bib will be in a separate line. Please look for the appropriate sign on the Carl and Martha Lindner Plaza, located at the top of TQL Stadium's grand staircase.

Pre-Ordered Merch?

- Shirts and hats will be at a separate table from packets and bibs. Don't forget to pick up the items you ordered! We will not ship items that are not picked up.
- Merch will also be available for pick up race day morning from 7:00 am – 12:00 pm at the Carl and Martha Lindner Plaza, located at the top of TQL Stadium's grand staircase.

Picking up for a ProAmpac Kids Fun Run Participant?

- ProAmpac Kids Fun Run bibs and shirts will be located at a separate table from the 5K/10K. Please look for the appropriate signage at packet pickup. No bib number is needed for the Kids Fun Run; just the first and last name.

Race Day Road Closures & Parking

Plan your commute and parking arrangements ahead of Thursday, and familiarize yourself with race day road closures. Be sure to allow extra time for parking and arrival, as road closures and fellow runners arriving around the same time may result in additional traffic and delays.

Interstate ramps will close as early as 8:00 am. Central Parkway between Liberty and Ezzard Charles will close at 6am. The remainder of the route will close streets by 8:45 am

At 8:15 a.m. on race morning there will be no through traffic on Liberty St. at Central Parkway. Vehicles heading eastbound on Liberty St. from the west side will be diverted John St. (south if you have a parking pass to the West Garage; all other traffic will be diverted north) on the west side of TQL Stadium. Vehicles heading westbound on Liberty St. from the east side will be diverted north on Central Parkway.

Race Day Traffic Tip: We recommend using the **Waze app** to help navigate race morning traffic and find the best available route to your parking destination. With road closures and increased traffic around TQL Stadium, be sure to check your route before heading out and allow plenty of extra travel time.

View All Parking Options

Parking Passes

Secure your spot in advance by purchasing a pre-paid parking pass for one of the two locations listed below:

Due to road closures, you must be in the garage by 8:30 am. These lots are pre-paid only, there will be no day of or on-site sales for these two locations.

- West End Garage – 1530 John St.
- North Lot – 1559 Central Ave.

Buy Parking Pass

Day-of Parking

Several garages offer a special flat rate on race day:

- Washington Park Garage – 1310 Elm St. $5
- Mercer Garage – 1310 Vine St. $5
- Kroger Garage – 107 E. Central $5 Parkway
- Town Center Garage – 1251 Central Parkway $6
- Findlay Market Garage – 1810 Logan St. $5

Get Directions

Race Bib Information

Race Bib, Timing Chip & Corrals:

Your disposable timing chip will be affixed to your race bib. Please do not alter or remove it.

Your assigned corral letter will be printed on the front of your bib. Be sure to check your assignment and line up in the appropriate corral on race morning.

Running the 5K?

With separate start times for the 10K and 5K this year, please wait until the 10K participants have started their race before entering the start area. Your corral letter will help guide you to the correct starting position when it's time to line up.

After the race, scan the QR code on your bib to view your finish time. Please also fill out the emergency contact information on the back of your bib before the race.

ProAmpac Kids Fun Run:

Get ready to cheer on your little runners! The ProAmpac Kids Fun Run is a quarter-mile course that begins at the BIG starting line on Central Parkway at 8:30 am.

Kids will start in waves based on age to help keep the race safe and fun for everyone. Parents and guardians will be able to watch their children run the course and meet them at the finish line to award them their medals.

Please be sure to fill out the information on the back of your child's bib. This will help security and race staff reunite you with your child if they are unable to find you at the end of the race.

Start Line

NEW THIS YEAR: **Separate 10K and 5K Starts!**

Start Times:

The Western & Southern 10K and TDR 5K will start at different times this Thanksgiving!

The Western & Southern 10K will start at 9:00 am, followed by the TDR 5K at 9:15 am.

Running the 5K? Remember, the 10K runners will take off first! Please hold off on entering the start area until the 10K is underway, then make your way to your assigned corral for the 9:15 am start.

Restrooms:

Restrooms will be available inside TQL Stadium (until 11:00 am). Head up the grand staircase to the Carl and Martha Lindner Plaza to access restrooms before the race starts.

There will be additional restrooms available along the 10k course.

Policies:

If you plan to participate with a stroller, please start at the back and be mindful of other participants around you.

Only service animals are permitted on the course. When possible, service animals should be clearly identified as such (e.g., by wearing a harness).

- The service animal must remain under the control of its handler at all times.
- The animal should be harnessed, leashed, or tethered unless there is a disability that will not allow for that or the animal's trained work requires an alternative means of control.
- The participant is responsible for the care, supervision, and behavior of the service animal throughout the event.
- The participant and service animal must navigate the course in a manner that does not create an unreasonable safety risk or interfere with other participants.

No motorized vehicles of any kind are allowed on the course.

Course Information

A New Course for 2026!

W&S 10K and TDR 5K

Both the Western & Southern 10K and TDR 5K will start and finish on Central Parkway.

- The start line is located on the south side of Central Parkway, near the Mozart Garage. Look for the Sterling Medical sign on the garage building for reference
- The finish line is located on Central Parkway, just north of the turn from E. Liberty Street

View Course Maps

Fluid Station:

Stay hydrated along the way with Alpine Valley Water! Fluid stations, with support from Queen City Running, will be available at the following locations:

Western & Southern 10K

- Mile 2 – Just before crossing the Taylor Southgate Bridge
- Mile 5 – Elsinore Place

TDR 5K

- Mile 2.4 – Elsinore Place

Finish Line:

Once you cross, you'll receive your commemorative finisher medal before making your way to the Pella Post-Race Recovery Zone!

Pella Post-Race Party at TQL Stadium

You've put in the miles, now it's time to celebrate!

After completing your 3.1 or 6.2 miles, head to the **Pella Recovery Zone** to grab your swag bag, refuel with a banana and a beverage, and enjoy your favorite finish-line hits from the DJ while celebrating with fellow runners and walkers.

Don't forget your free beer! Participants aged 21 and older can redeem their complimentary beer using the tear-off tag on their race bib. If you did not attend Fleet Feet Packet Pick-Up and receive your age-verification wristband for beer redemption, please visit the Age Verification Tent located right next to the beer tent to receive one. Be sure to bring a valid ID!

Meet up with your crew, raise a glass, and make your first official holiday toast of the day!

Know Before You Go With Pella Windows

A Note from Fred Cernetisch, Vice President, Pella Windows

"Before we ever touch a frame, we walk the property, check the measurements, and plan the day – do the same with race logistics so you're not scrambling when the gun goes off."

Please reach out to TDR@thanksgivingdayrace.com with any questions.

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Western & Southern

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